# Guide to Creating the Scientific Posters

A poster is a visual presentation format that provides an opportunity to present research findings in a more informal manner than during a lecture. During the poster session, presenters have 5 minutes to summarize their main findings, followed by the opportunity for professional dialogue with interested attendees. To create an effective poster, it is important that the content is not overcrowded, but rather focused on highlighting key points. Readability can be enhanced through well-chosen colours and the use of clear, informative diagrams that visually support the presented results. We expect paper-based posters, and the language of the posters is English.

**Format requirements:**

- **Size: 90 × 120 cm (portrait orientation)**
- **Material: Paper or vinyl – should be attachable to a poster stand**
- **Font size: Minimum 22 pt**
- **Structure: Well-organized and visually clean**

**Content elements:**

1. **Title**
2. **Author(s) name(s), institution**
3. **Introduction – problem statement, justification for choosing the topic**
4. **Objectives / research question / hypothesis**
5. **Methodology – sample, tools, procedures**
6. **Results – with tables and figures**
7. **Conclusions / recommendations**
8. **References**